



# Tour Les Mouraises

## RACE BIBLE

2019 Omnium

March 9 and 10, 2019

Presented by:





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# Tour Murinally and the state of the state of



As Mayor of Murrieta, and on behalf of our residents, I welcome you to the 14th Tour de Murrieta. For the past several years, this event has been a signature event in Murrieta and has gained much popularity. I applaud each of you for your dedication in the endless amount of hours you have put towards training to participate in this year's race. We believe Murrieta to be a extraordinary place to both train and race, with its scenic beauty and mild terrain.

Through the efforts of a dedicated committee, this race continues to be a success. I would like to personally thank the sponsors and volunteers for putting this year's event together. They have, as always, done a tremendous job! If you are not from Murrieta, I hope you have the opportunity to enjoy the local restaurants and other amenities that make Murrieta unique. The City of Murrieta encompasses approximately 1,350 acres of trails, open space, streetscape, slope and park land, including 52 parks and a number of natural areas. We also have a 20+ mile network of trails for walkers, runners, bikers, and others to enjoy.

Thank you again for your participation and for coming to Murrieta for this great event!

Sincerely,

Mayor Kelly Seyarto City of Murrieta







March 9 and 10, 2019



USAC Permit #: 2019-598

#### PRESENTED BY

# LE GRANGE

Gritt & Cettars

Downtown Racing at its Best!	Saturday	, March 9						
	Grand	d Prix	Fulldo Cleaning Restoration	Circu	iit Race	Payout GC	GC Prize  *Guaranteed/  **Maximum Payout	Early Bird Registration Fee
Categories	Start	Time	Start	Laps	Dist	Places	Total	For Each Stage
Category 4/5	7:30am	35 min	7:35am	9	38 miles	5	Product	\$42
Women 3/4/5	8:10am	30 min	7:40am	7	29 miles	5	Product	\$42
Category 4	8:45am	40 min	7:30am	9	38 miles	5	*\$205	\$42
Masters 35+ 3/4	9:30am	40 min	1:55pm	9	38 miles	5	*\$230	\$42
Masters 40+ 1-4	10:15am	50 min	11:45am	- 11	46 miles	8	*\$290/**\$500	\$42
Women Pro 1-3	11:10am	50 min	9:40am	11	46 miles	10	*\$376/**\$735	\$42
Kids' Race, 12 & Under	12:05pm		No Ki	ds'Race on Si	unday		Medals	Free!!
Pro Men 1/2	12:30pm	75 min	2:00pm	13	55 miles	20	*\$1,500/**\$3,000	\$47
Category 2/3	1:50pm	50 min	9:35am	11	46 miles	5	*\$305	\$42
Masters 50+ 1-4	2:45pm	45 min	11:50am	9	38 miles	8	*\$310	\$42

\*This is the guaranteed GC prize for fields of 50% or less and for certain categories. \*\*For the 40+, Women P 1-3, and Pro Men 1-2, the promoter will adjust overall GC prize list and incrementally increase to the maximum payout based on the number of entries received (ie: Full field = maximum payout; 75% of field limit = 75% of maximum payout, etc). All other categories will receive the guaranteed GC prize regardless of field size (Category 4, 35+ 3/4, 2/3, and 50+).

JORGE ALVARADO "HOT" LAPS

Brought to you by:



The Jorge Alvarado Hot laps will consist of cash primes for designated laps for eligible categories!!

- All USAC Rules & Regulations apply.
- Pro Men 1-2 limited to field of 120; Women Cat 4/5 and Men Cat 4/5 limited to 75; All others limited to 100.
- OMNIUM POINTS schedule can be found in the Race Bible.
- Primal Champion Jerseys to overall winners, Leader's Jerseys for Pro Men 1/2, Women Pro 1-3 only.
- Custom Wine Bottles awarded to the top three stage and omnium finishers, and to the top five GC finishers for Cat 4/5 and Women 3/4/5 courtesy of Le Grange Grill and Cellars. Those under 21 years of age will be awarded non-alcoholic beverages.

- Race Hotel: Comfort Inn & Suites 951-894-7227 (Close enough to ride to the start of both stages).
- Check-In & Registration in formation on page 2.
- NO REFUNDS. Races Held Rain or Shine.
- Pre-reg strongly recommended, categories will fill and waiting lists will be created <u>at event site only</u>.
- On e day race license available for Women and Men Category 5.
- Online Registration ONLY at <u>bikereg.com</u> Deadline is 11:59PM March 7,2019. Day-of Race Registration fee is <u>additional \$10</u>. Cash or Checkonly, no Credit Cards on race day. Absolutely no mail-ins.
- Extra races for the same day only are \$15 each after the highest race is paid.
- Saturday Tour de Murrieta EXPO, including food, drinks, and other activities at the Senior Center Parking lot.
- KIDS BIKE RACE Saturday 12:05PM. Sponsored by Pacific Western Bank. Medals to all participants!



www.tourdemurrieta.com

• • • A Big Thank You to our Race Sponsors • • •



## **BOSCH**















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#### March 9 and 10 2019

#### PRESENTED BY



#### Stage 1 & 2 - Grand Prix and Circuit Race Registration, Check-In, and Grand Prix Staging

- Saturday Check-In starts 6:00am at the Murrieta Senior Center parking lot, located at Juniper & Adams.
- Sunday Check-In starts 6:00am at the comer of Washington & Ivy.
- Sign in and race day registration one hour before each race. Closes 10 minutes before race time.
- The Grand Prix staging area will be at the driveway between the Expo Area and the Kiddie Academy of Murrieta, directly across Adams Avenue and neutral support. All riders <u>MUST</u> report to this area <u>10 minutes</u> before the start of their race for pre-race briefing and instructions. Riders who fail to report to the staging area may be penalized. No instructions will be given at the start line.

#### Course Information - Visit www.s2ccycling.com for more detailed in formation

STAGE 1 Grand Prix: The Grand Prix is not your typical industrial park event! The course consists of six comers, approximately 1 mile per lap, flat, fast, and technical. Streets: Start/Finish line is on Juniper, left on Town Center Drive N., left Town Center Drive W., left on Adams, right on B St., left on Washington, left on Juniper. <a href="http://www.mapmyride.com/routes/view/26281238">http://www.mapmyride.com/routes/view/26281238</a>

STAGE 2 Circuit Race: The Circuit Race is approximately 4.2 miles per lap, mostly flat, with a couple of big ring rollers. Flat finish, 21 gear is more than enough. The Start/Finish line is on Washington Street, left on Brown Street, right on Adams Avenue, right on Guava Street, right on Hayes Avenue, right on B Street, right on New Clay Street, left on by Street, and right on Washington Street to the Finish Line.

https://ridewithgps.com/routes/29052228

#### Directions & Parking - Visit www.s2ccycling.com for more detailed in formation

Grand Prix: Google Map \*Kalmia & Adams, Murrieta, CA\* Park in the surrounding neighborhood or school. <u>DO NOT PARK IN THE EXPO AREA</u> OR SENIOR CENTER.

Circuit Race: Google Map "Washington & Ivy St, Murrieta, CA" Staging is at the comer of Ivy Street and Washington. Park in down to wn Murrieta. Do not park on Ivy Street across registration and north of Washington Street (N/E comer of Ivy and Washington), and in business' parking lots. You will either be cited or towed. They will be open for business and we do not want to take their spots.

#### Thanks to our Race Sponsors:



























#### Welcome to the 14th Annual Tour de Murrieta

March 9 and 10, 2019

#### **Race Bible**

#### Dear Race Participant:

Please take the time to read through this race bible and familiarize yourself with what will be expected of you. You are responsible for reading and following the rules set forth for this event.

We would like to personally thank you for your participation in this year's Tour de Murrieta. With the continued support of a great cycling club and local city officials, we continue to fine tune and put together a quality event that gives back to our cycling community and the sport. We have made arrangements for police and course marshals to ensure safety and order. Please pay respect to local residents, volunteers, corner marshals, technical support staff, etc. They have all donated their time to make this event happen. Please take the time to thank them.

Our current sponsorship and the city's support have allowed us to have another high quality event. A downtown criterium style finish makes it more accessible to the public, as opposed to an industrial park criterium. **We ask for your continued cooperation in making this event one we can all count on for years to come!** To that end, we ask that you extend every courtesy to the **businesses** and **residents** that will be affected by our event.

Of particular concern at each of our venues is **Parking**. Park only where indicated. No parking in the downtown shopping centers—please use surrounding streets and public parking. **Park where you aren't supposed to and you risk**being disqualified and/or towed! RV parking may be allowed in the City of Murrieta parking lot starting on Friday after 4:00 PM through Sunday only. This is subject to change every year. Individuals are responsible for policing their trash and ensure the area is clean before departing.

Portable toilets will be available for your use. <u>Use them and DO NOT just go off into the bushes</u>. Nothing will get us kicked out of a great venue faster than people disrespecting public and private property by using it as their toilet. **USE THE PORTABLE TOILETS OR BE DISQUALIFIED!!!** <u>This is your only warning.</u>

#### NUMBERS:

Each race packet should contain your TWO race numbers. Numbers may not be folded or trimmed. Both numbers **MUST** be worn at all times. **The same numbers will be worn for both stages.** Replacement numbers are available for \$15-no exceptions.

#### PRIZES:

Prizes for individual stage placing will be awarded after results have been made final. General Classification prizes will be awarded on <u>SUNDAY</u> after the Circuit Race. Failure to attend the awards ceremony may result in forfeiting of all prizes. Award ceremonies will take place throughout the day. *Any prizes not claimed after 4:30 pm on Sunday of the above date will be forfeited*.

Prize list may be altered based on field registration: 100% - 100%; 75% - 75%; etc. Please refer to the race flyer for guaranteed prize amounts.

**GC TIE BREAKERS**: The default method of breaking ties is the finish order in the most recent stage per USAC Rule 3H4 (g)(ii).

STAGE WINNERS: The top three finishers of both stages must report to the podium immediately for unofficial award ceremonies.

#### **GC LEADERS JERSEY:**

The overall race leaders (Pro Men 1/2 and Women 1-3) after Saturday's Grand Prix are required to wear the official Tour de Murrieta Race Leader's Jersey on Sunday's Circuit Race. **Failure to wear the leader's jersey** will result in the start being refused, and disqualification along with \$36.00 (50 CHF) fine.

#### **RACE LOCATIONS:**

#### **Grand Prix**

The Grand Prix is not your typical industrial park event! The course consists of six corners, approximately 1 mile per lap, flat, fast, and technical. Streets: Start/Finish line is on Juniper, left on Town Center Drive N., left Town Center Drive W., left on Adams, right on B Street, left on Washington, left on Juniper. See map on page 10 for details. http://ridewithgps.com/routes/253777

Google Map "Juniper & Adams, Murrieta, CA" Park in the surrounding neighborhood or school.

#### **Circuit Race**

The Circuit Race is approximately 4.2 miles per lap, mostly flat, with a couple of big ring rollers. Flat finish, 21 gear is more than enough. The Start/Finish line is on Washington Street, left on Brown Street, right on Adams Avenue, right on Guava Street, right on Hayes Avenue, right on B Street, right on New Clay Street, left on Ivy Street, and right on Washington Street to the Finish Line. <a href="https://ridewithgps.com/routes/29052228">https://ridewithgps.com/routes/29052228</a> See map on page 11 for details.

Google Map "Washington & Ivy St, Murrieta, CA" Staging is at the corner of Ivy Street and Washington. Park in Historic Downtown Murrieta. Do not park on Ivy Street across registration and north of Washington Street (N/E corner of Ivy and Washington).

For all events, please do not park in business' parking lots. You may be towed. They will be open for business and we do not want to take their spots. http://ridewithgps.com/routes/253779

#### STAGING:

The Grand Prix staging area will be at the driveway between the Expo and the Kiddie Academy of Murrieta, directly across Adams Avenue and neutral support. All riders <u>MUST</u> report to this area 10 minutes before the start of their race for pre-race briefing and instructions. <u>Riders who fail to report to the staging area may be penalized.</u> No instructions will be given at the start line.

RACE HOTEL: Comfort Inn & Suites 951-894-7227

Both stages are an easy ride from the host hotel. You are encouraged to leave your car at your hotel and ride to the course.

#### RACE NEUTRALIZATION:

Race neutralization is a short-lived stoppage or pausing of a race. Race neutralizations are used most often in road racing to facilitate the passing of one race field by another race field.

#### Why?

USA Cycling (USAC) Racing Rules state: Taking pace or assistance from any outside means is forbidden, including holding on to a motor vehicle or taking pace from riders in a different race that is concurrently on the same course [relegation or disqualification].

Keeping in mind those riders in different races may not "take pace" from those in another race the concept and practice of neutralizing the slower race has been developed. Very occasionally the faster race is neutralized to allow the slower race to finish without interference.

We would rather NOT do race neutralization; however, with the number of race categories and athletes, it is necessary to run more than one race on the circuit to accommodate all those who wish to compete. It is not unusual for one race to overtake another in this situation. Without intervention, the races sometimes finish together in one field distorting the results of both races and making it difficult, if not impossible, to separate the placing. When races combine in this manner, it affects the conduct of the event and the strategies of the athletes. It does not provide a fair competition for either race when this occurs.

#### How?

An official, usually a motorcycle referee, will signal the neutralization of the slower race by a double sounding of a whistle (or horn) and/or by raising a red flag or barrage paddle. The official may also indicate that the riders in the field should stay to the left or right side of the race courses.

As soon as the neutralization is signaled, the riders in the field being neutralized should slow and remain behind the neutralizing vehicle until the neutralization is ended by a single sounding of a whistle or horn, and/or by withdrawing the red flag or barrage paddle. The neutralization is usually terminated when the faster race is 30 seconds to 1 minute ahead of the slower race OR when the official deems it appropriate.

Very often, in the case of a small breakaway it is not necessary to neutralize the breakaway when it is necessary to neutralize the field. This is the normal practice and may be an advantage for the breakaway riders.

#### Rider Conduct

Racers should remember at all times that they are representatives of their sponsors, USA Cycling (USAC), and the race's sponsors. They should conduct themselves appropriately. Ride as safely and courteously as possible and obstruct traffic as little as possible.

**HELMETS** must be worn and secured at all times while on the bicycle.

**TRAFFIC CONTROL**: Generally the lead racer(s) and main pack will be directed through intersections. Racers dropped by the main field outside their race caravan should be **alert and ready to obey traffic LAWS**. Know your course you are responsible to know the course you are racing.

**CENTERLINE RULE**: If no painted centerline marking exists, riders must keep to the right side of the road at all times. Not all the roads are closed to traffic. Although traffic is limited only to residents, be mindful of approaching vehicles.

Riders may make FULL use of the road <u>AFTER</u> the right turn from *Hayes Ave onto B Street*. Full road use will be allowed on *B Street, New Clay Street, Ivy Street, Washington Ave, and Brown Street* up to the intersection of Brown and Adams. <u>Riders must NOT be on the left side of the center line starting at Adams Avenue</u>. The course will be clearly marked where riders may make use of the full road. All other sections of the course, riders **MUST** stay to the right side of the center line.

Advancing your position/passing to the left of the centerline will be enforced and subjects you to disgualification.

Main fields (packs) will have a lead police motorcycle escort.



# In loving memory of Jorge Alvarado - Our Friend and Teammate

# Jorge Alvarado "Hot Laps" Primes Brought to you by:

In a continued effort to honor a fallen friend and former teammate of CA Pools Cycling team, the Jorge Alvarado Hot Lap Primes will replace the Team Competition. The Hot laps will ensure Jorge's aggressive and unrelenting riding style is never forgotten. The Hot Lap Primes will be offered to all eligible categories.

Jorge was a member of the former CA Pools Cycling Team, which is now known as Stage 2 Cyclery / Bosch pb JL Velo Cycling Team. Jorge was also a member of other Southern CA cycling teams (Kahala-LaGrange and Bahati Foundation). Jorge was a bright star in SoCal's cycling community and had a big future in the sport of cycling. His potential was unlimited and in 2010, his talent was starting to develop as he rode off the front in several break away moves in the San Dimas Road Race and Criterium, Redlands Criterium, and Easter Sunday Grand Prix, as well as winning the UCLA Road Race. Unfortunately, the young life of this rising pro cyclist was cut short when he was struck by a vehicle in San Bernardino, CA.

As teammates and friends, Stage 2 Cyclery / Bosch pb Primal Cycling Team has vowed to never forget the great impact he had not only in our personal lives, but also in the amateur and professional ranks. In Jorge's honor, Stage 2 Cyclery / Bosch pb Primal Cycling Team is proud to present the **Jorge Alvarado Hot Laps** presented by **Mr. Bills Auto Body and Restoration**!

#### **OMNIUM GENERAL CLASSIFICATION**

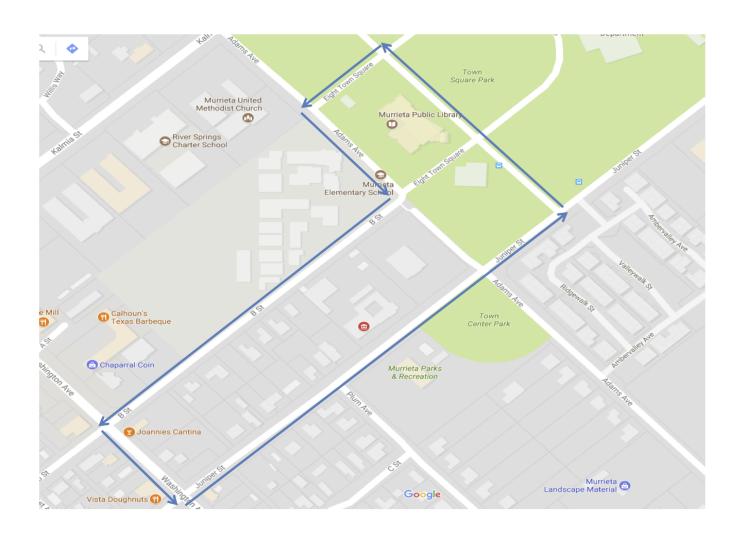
								WOMEN	WOMEN
	Pro 1-2	2/3	4	4/5	35+ 3/4	40+	50+	1 -3	3/4/5
1st	650	115	55	Product	60	120	80	140	Product
2nd	385	80	45	Product	50	100	60	120	Product
3rd	285	60	40	Product	45	80	45	90	Product
4th	230	50	35	Product	40	60	35	70	Product
5th	195	40	30	Product	35	45	30	65	Product
6th	160					40	25	60	
7th	140					30	20	55	
8th	125					25	15	50	
9th	110							45	
10th	95							40	
11th	85								
12th	80								
13th	75								
14th	70								
15th	65								
16th	60								
17th	55								
18th	50								
19th	45								
20th	40								
Total Purse	\$3000	\$305	\$205	NA	\$230	\$500	\$310	\$735	NA

#### **Omnium Points Schedule**

	Grand Prix and Circuit Race																								
Place	1	. 2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25
Pro 1-2 Men	30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6
35+ 3/4	30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11					
Cat 2/3	30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11					
Cat 4	30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11					
Cat 4/5	30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11					
Masters 40+	30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11					
Masters 50+	30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11					
Women 3/4/5	30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11					
Women 1-2-3	30	29	28	27	26	25	24	23	22	21	20	19	18	17	16	15	14	13	12	11					



### **GRAND PRIX**





## **CIRCUIT RACE**

